

Indoor Plants: The Air Purifier

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The indoor plant trend has intensified during recent years because they not only enhance home decor but they also remove pollutants from indoor air environments. With urbanization, increased indoor pollution levels, and less ventilation in modern homes, the role of indoor plants as natural air purifiers has grown more important than ever. Indoor plants revive the life, provide color, and peace to our homes, yet not all of them require special care. Many indoor plants are not only visually appealing but also quite easy to maintain. If you are looking for plants that will grow in your house with little effort, here are some lovely, low-maintenance alternatives for anybody who wants to reap the advantages of indoor gardening without devoting too much time to plant care.

1. Snake Plant (*Sansevieria trifasciata*)

Snake plants are extremely durable and may survive in a variety of indoor conditions. This plant, sometimes known as *mother-in-law's tongue*, is almost durable and ideal for those with little plant experience. These plants are distinguished by their erect, sword-like leaves, which come in a variety of colors, ranging from deep green to variegated yellow and green. They require little water and may thrive under low light conditions.



Their air-purifying properties

make them an excellent choice for any room.

2. ZZ Plant (*Zamioculcas zamiifolia*)

The ZZ plant is one of the easiest plants to care for due to its tough nature. It can tolerate minimal light, infrequent watering, and a wide temperature range, making it suitable for practically any home. The

glossy, dark green foliage gives beauty to environment, and the plant can tolerate a variety of indoor climates.

3. Aloe (*Aloe vera*)

People grow Aloe Vera plants with ease because the succulent offers natural treatment benefits for quicken healing of small burns and cuts. The succulent prefers to grow under conditions of direct and bright sunlight and needs minimal amounts of water. With its ability to store water in its fleshy leaves the plant remains moisture-rich to cope through dry seasons. Aloe Vera plants possess beautiful features that include their distinctive form and their green shiny leaf surface which adds visual appeal to any environment.

4. Peace Lily (*Spathiphyllum wallisii*)

The Peace Lily stands out with beautiful white blooms combined with glossy green leaves as it remains a smart, easy-to-care-for plant that needs low to medium light. Besides adding attractive visual appeal, the plant acts as an air purifying system that eradicates dangerous pollutants from indoor environments. Peace lilies notify their caretakers through slight drooping that they require watering. Besides water the plants need no hard and fast other care.

5. Spider Plant (*Chlorophytum comosum*)

Spider plants prove to be simple growers while displaying their appealing green leaves with white stripes. Freshly cultivated greens are on outstanding selection for novice gardeners because they successfully thrive within various indoor spaces. The needs of Spider plants include various light exposures as well as minimal care requirements. The plant system produces several baby plants which growers can clone into new plant specimens.

6. Philodendron (*Philodendron spp.*)

Philodendrons stand out because of their heart-shaped leaves as well as their attractive hanging vines which create perfect home decorations. These plants show great adaptability since they thrive best in both low and medium light settings. Philodendrons let forget occasional waterings with no problems while establishing themselves rapidly into robust green plants.

7. Chinese Evergreen (*Aglaonema costatum*)

The Chinese Evergreen is a hardy plant known for its variegated green leaves. The plant requires low-light environments and works best in spaces with limited outdoor light exposure such as offices. The plant demonstrates effective resistance to pests and requires little water maintenance which provides busy owners with a perfect houseplant choice.

8. Cast Iron Plant (*Aspidistra elatior*)

The Cast Iron Plant maintains its name by showing exceptional durability because it tolerates tough conditions and neglect well. The plant grows best when placed in areas with little light and survives conditions other plants find difficult to bear. The Cast Iron Plant presents dark green leaves in a broad form to decorate spaces while requiring little care from its owners.

9. Burro's Tail (*Sedum morganianum*)

Burro's Tail, also known as *Donkeys Tail*, is a stunning succulent with trailing stems covered in fleshy, blue-green leaves. This plant is perfect for hanging baskets or elevated shelves where its vines can cascade down. Burro's Tail thrives in bright light and requires very little water, making it perfect for those who have limited time to care for plants.

10. Money Plant (*Epipremnum aureum*)

Money plant is also known as Devil's Ivy= a popular indoor vine that has heart-shaped, green or variegated foliage. It thrives in low to high indirect light, takes minimal water, and cleans indoor air. Easy for growing and propagate. Money plant is a great choice for homes and offices that want to improve air quality while adding a touch of greenery.

Conclusion

Indoor plants have more value than decoration because they naturally purify the air while improving both

indoor environment quality and health. A sustainable and appealing solution to indoor air pollution exists by placing different air-purifying plants throughout living or workspace areas.

Whether are an experienced plant lover or new to indoor gardening, these easy-to-care-for beauties will bring life and color to your home with little effort. From air-purifying plants like the Peace Lily to eye-catching succulents like the Burro's Tail, there's something for everyone.

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